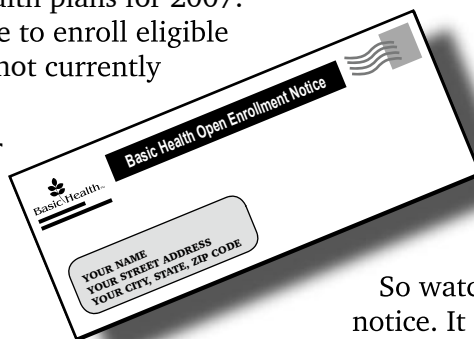


Open enrollment begins October 9

This year, Basic Health's open enrollment period is from October 9 through November 3. For those living in areas where more than one plan is offered, this is your opportunity to change health plans for 2007. Everyone can use this time to enroll eligible family members who are not currently covered by Basic Health.

There are changes to your benefits for 2007; be sure to read the article below for details. Copays, deductibles, and out-of-pocket maximums will remain the same. Copays for prescription benefits will not change; however, your health plan's approved list of covered drugs may change with the new calendar year. Contact your health plan for more information.



Be sure to read the information in your open enrollment notice. It will tell you what your premium will be for January 2007, which health plans are available to you, and what you need to do, if anything. Any changes you make during open enrollment will take effect January 1, 2007. This means your premium may change on the bill you receive in November, due December 5.

So watch the mail for your open enrollment notice. It should arrive the week of October 9.

Reminder: Your deductible and out-of-pocket maximum for each covered family member will start over with the new calendar year for those benefits and services subject to deductible and coinsurance.

Better benefits for 2007

There will be a couple of changes to your Basic Health benefits, effective January 1, 2007, that will give you better coverage. **Remember that these services have to be approved by your health plan to be covered.**

- Oxygen will be covered with no copay or coinsurance required.
- Durable medical equipment and supplies (things such as C-PAP machines, ostomy supplies, and crutches) will be covered as follows:
 - \$25 copay for outpatient supplies (those used in the home for medical treatment).
 - \$500 maximum benefit per member per year for outpatient supplies.
- Inpatient durable medical equipment (used while in the hospital or medical facility) continues to be covered in full.
- Inpatient and outpatient physical therapy, occupational therapy, and chiropractic care will be covered, up to a combined maximum of 12 visits per year. (Of the 12 visits, no more than six can be for chiropractic care.) These visits qualify for coverage only when used as post-operative treatment for reconstructive joint surgery — such as hip or knee replacement — when received within one year following surgery.
- Coverage for sleep studies will be limited to one per member per year.



Basic Health™
www.basichealth.hca.wa.gov

This serves as an official notice of changes to your Basic Health coverage.

Things that could affect your premium for 2007

Several things may change your Basic Health premium for 2007. Among them:

- If you change health plans;
- If you add coverage for a family member who isn't currently enrolled on your account;
- If you or an enrolled family member reached age 40, 55, or 65 during 2006 (premium changes based on the member's age take effect January of the following year, no matter when the birthday is); or
- If anyone in your family gains or loses eligibility for Basic Health, Basic Health *Plus*, or the Maternity Benefits Program.

Health plan contact information

If there are things that are important to you when choosing a health plan — like keeping your doctor, coverage for certain medications, or whether they offer wellness education classes — be sure to call the health plan and ask about them.

Health plan	Phone numbers	Web site	Customer service hours
Columbia United Providers, Inc.	1-800-315-7862 or 360-891-1520 TTY/TDD: 1-866-287-9962	www.cuphealth.com	Mon. – Fri. 8 a.m. – 5 p.m.
Community Health Plan	1-800-440-1561 TTY/TDD: 1-800-833-6388	www.chpw.org	Mon. – Fri. 8 a.m. – 6 p.m.
Group Health Cooperative	1-888-901-4636 TTY/TDD: 1-800-833-6388	www.ghc.org	Mon. – Fri. 8 a.m. – 5 p.m.
Kaiser Foundation Health Plan of the Northwest	1-800-813-2000 TTY/TDD: 1-800-324-8010	www.kaiserpermanente.org	Mon. – Fri. 8 a.m. – 6 p.m.
Molina Healthcare of Washington, Inc.	1-800-869-7165 TTY/TDD: 1-877-665-4629	www.molinahealthcare.com	Mon. – Fri. 7:30 a.m. – 5:30 p.m.

Si desea ayuda en español, llame al 1-800-321-0291. Для обслуживания на русском языке, позвоните, пожалуйста, по телефону 1-800-387-8224.

한국어로 도움을 원하시면 1-800-324-1658로 연락하십시오. Nếu quý vị muốn được giúp bằng tiếng Việt, xin gọi số 1-800-423-2231.

To obtain this document in another format, call our Americans with Disabilities Act (ADA) Coordinator at 360-923-2805.
TTY users (deaf, hard of hearing, or speech impaired), call 360-923-2701 or toll-free 1-888-923-5622.